



Ellesmere

Co-ed 7-18 day and boarding

GOLF Academy



Ellesmere College Senior School Golf Academy Yrs 9 - 13

The Golf Academy programme at Ellesmere College is designed to enhance the excellent provision for participation in sport that exists at the school, and allow individual pupils to experience a unique approach to their academic and sporting talents to a level not normally supported in schools. The Golf Academy offers girls and boys of all standards from 13-18 years old the opportunity to choose from a range of programmes designed to enhance each stage of their golfing journey. Younger pupils can access golf lessons and join the development programme in the senior school.

We compete in National School tournaments, the Independent Schools Golf Association annual events programme, and the British Schools Golf Programme. Students will also be able to play in medal matches at local golf courses and friendly fixtures against other local schools.

For those students who just want to improve their golf or who wish to try it, they can have golf lessons to act as a starting point for their game development.

Students on the Golf Academy have access to the on-site Skytrak launch monitor and to a full rounded golf education, covering all aspects of the game.

Our on-site facilities are excellent and include a CONGU certified nine-hole golf course, an artificial putting green and access to a strength and conditioning coach.

Off-site, students have the opportunity to play at championship golf courses including Macdonald Hill Valley and Oswestry GC. Whilst playing there, academy players will also have the opportunity to access a golf driving range, Skytrak launch monitor, smart golf simulators, motion putting analysis as well as the full 18 hole golf course.

Wide ranges of specialist academic subjects are on offer, and these can be taken as GCSE, IGCSE, A Level, International Baccalaureate (IB) and BTEC qualifications.

Facilities

- On-site Skytrak Launch Monitor
- CONGU certified nine-hole golf course
- Artificial putting green, chipping area and access to a driving range and golf barn off site.
- Access to strength, conditioning, fitness and cardiovascular gyms on campus, supervised by a fitness coach

Golf Scholarships

Golf Scholarships are available on an assessment basis for players keen to develop and nurture their game in a professional environment. If you want to know more, why not book a Taster Day and Assessment using the contact details on the back page of the brochure.

www.ellesmere.com

Senior Golf Academy

Yrs 9-13	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sunday
AM	Lessons	Lessons	Lessons	Lessons	Lessons	External competitions or structured practice sessions at Ellesmere
PM	Lessons	Lessons	Golf Coaching	Golf Coaching	Lessons	
	5pm onwards	4:15 - 6:00pm	2:15 - 5:30pm	2:15 - 6:00pm	4:15 - 6:00pm	
	Set, structured practice session at Ellesmere	Strength & Conditioning & Keys to Performing	Golf Coaching	Golf Coaching	Set, structured practice session at Ellesmere	
	Examples: - Pitching Technique - Pitching Drills & Distance Control - Putting Technique - Putting Drills	Examples: - Biomechanical evaluation for golf mobility & stability - Cardio Fitness training - Strength & resistance training - Good planning - Quality Practice	Examples: - On course coaching - Range work - Course management - Tournament Preparation - Interschool Matches - School Tournaments - Open Events	Examples: - On course coaching - Range work - Course management - Tournament Preparation - Interschool Matches - School Tournaments - Open Events	Examples: - Full Swing Technique - Full Swing Drills - Shot Shaping using launch monitor	

Students can access the on-site golf course and fitness facilities every day.

Golfers will also play on a local 18 hole course off-site on a Wednesday and Thursday afternoon.

The programme during each week may vary slightly from the draft due to weather and fixtures.

We also cycle our strength and conditioning work through the winter months.

High Performance Programme

The Ellesmere College Golf Academy provides a professional platform for pupils to take their golf to a higher level whilst undertaking their academic studies.

The full-time programme gives a minimum of 6-hours supervision of practice and tuition a week. The programmes are designed to develop all aspects of the pupils game to include the long and short game, golf fitness, the mental game, course management and tournament preparation.

The use of video analysis helps the pupils understand the importance of ball flight and shot shaping.

The Elite Programme

During the year, we have visiting coaches giving lectures in sports nutrition and sports psychology, plus advice and guidance for application to American universities for golf scholarships.

Tournament play is an important part of the academy's structure both regionally and nationally.

- British Schools Golf Events
- English Schools Golf Association Events
- Independent Schools Golf Association (ISGA)
- The Independent Association of Prep School Events (IAPS)
- England Golf Tournament Preparation: Reid Trophy/McGregor Trophy/Carris Trophy

Macdonald Hill Valley Golf Club

Situated on the Shropshire-Cheshire border, Hill Valley Golf Club is a 36 hole golf resort with excellent practice facilities including a putting and chipping green, and driving range.

With its narrow tree lined fairways and undulating terrain, the Hill Valley Emerald Course is a true test of golf in every form, producing a number of European Tour players, hosting County events and Professional tournaments. The smaller Sapphire Course is excellent for practicing short game and approach shots, and small well protected greens make it a very different challenge.

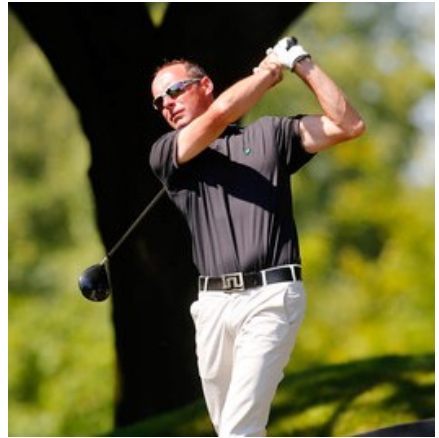
Members of the Ellesmere Golf Academy will automatically become Junior members of Hill Valley and be able to participate in all the junior events that are available throughout the season.

Students can benefit from the first class facilities available both on and *off-site:

- Club membership
- Biomechanics analysis equipment
- Strength & Conditioning (S&C) coaching
- Launch monitors
- *Motion tracking systems and 3D profiling equipment
- *Golf driving range and chipping area
- *Outdoor putting greens
- *Tournament play both regionally and nationally

Robert Ashbrook PGA Advanced Professional

With over 25 years coaching experience, PGA Advanced Professional Robert Ashbrook is recognised as one of the region's leading Junior Golf Coaches. He is also co-founder of the European Junior Golf Tour and is an Ambassador for the Leadbetter Kids™ Programme. Robert is highly respected for Junior golf development and was awarded Advanced status by the Professional Golfers Association for his achievements in 2010.



PGA Advanced Professional



PGA Pro
The  of golf®



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